

Herbs & Spices

ADD MORE FLAVOR WITH LESS SODIUM AND SUGAR

More than ever, consumers are seeking healthier options with less sugar and sodium, and more functional benefit. But they won't compromise on flavor.

BCFoods offers the best products at the right price, straight from the source.

We supply high-quality spices, seeds, herbs, and dehydrated vegetables from all over the world, such as black pepper, cardamom, and ground cumin.

- ✓ **Non-GMO**
- ✓ **Organic Options**
- ✓ **Clean Label**
- ✓ **Health Benefits**
- ✓ **Sustainably Sourced**
- ✓ **Full of Flavor**



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Product Name	Drying Method	Sizing	Organic Available
Basil	Sun Dried, Air Dried	Whole Leaves, Pieces	No
Bay Leaves	Sun Dried	Whole, Ground, Pieces	Yes
Black Pepper	Sun Dried, Air Dried	Whole, Ground	Yes
Cardamom	Air Dried	Whole Pods, Seed, Ground	No
Cassia	Sun Dried	Whole, Ground	No
Cinnamon	Sun Dried	Ground	Yes
Cloves	Sun Dried	Whole Flower, Ground, Stems	No
Coriander	Sun Dried	Whole Seed, Ground	Yes
Cumin	Sun Dried	Whole Seed, Ground	Yes
Dill	Sun Dried	Grans, Ground Seed	No
Fennel	Sun Dried	Whole Seed, Ground	Yes
Ginger	Sun Dried	Sliced, Granulated, Ground	Yes
Mustard	Sun Dried	Whole Seed, Ground	Yes
Nutmeg	Sun Dried, Air Dried	Whole Nuts, Ground	No
Rosemary	Sun Dried, Air Dried	Pieces, Grans	No
Star Anise	Air Dried	Whole Fruit, Powder	Yes
Turmeric	Sun Dried	Whole, Ground	Yes
White Pepper	Sun Dried, Air Dried	Ground	Yes



Black Pepper



Cardamom



Cumin